



Republic of the Philippines  
DEPARTMENT OF EDUCATION  
Region VII, Central Visayas  
DIVISION OF CEBU PROVINCE  
Sudlon, Lahug, Cebu City



August 10, 2015

**DIVISION MEMORANDUM**

No. 494 s. 2015

**LIVE-OUT NATIONAL TRAINING AND WORKSHOP FOR MAPEH  
TEACHERS OF THE NATIONAL ASSOCIATION OF PHYSICAL  
EDUCATORS (REGION VII Central Visayas)**

To: Assistant Superintendent  
Education Supervisors/Coordinators  
District Supervisors/OICs  
Elementary and Secondary School Heads  
Heads, Private Elementary and Secondary Schools

1. Attached is an Unnumbered Regional Memorandum, entitled, "Live-out National Training and Workshop for MAPEH Teachers of the National Association of Physical Educators (Region VII Central Visayas)".
2. Participation to this training is voluntary.
3. Dissemination of this Memorandum is desired.

  
**ARDEN B. MONISIT, ED. D.**  
Schools Division Superintendent

Telephone Numbers:

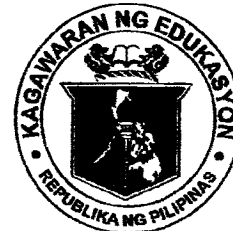
Schools Division Superintendent: (032) 255-6405  
Asst. Schools Division Superintendent: (032) 414-7457  
Accounting Section: (032) 254-2632  
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REPUBLIKA NG PILIPINAS  
REPUBLIC OF THE PHILIPPINES  
KAGAWARAN NG EDUKASYON  
DEPARTMENT OF EDUCATION  
**REHIYON VII, GITNANG VISAYAS**  
**REGION VII, CENTRAL VISAYAS**  
Sudlon, Lahug, Cebu City



**MEMORANDUM**

**To :** Schools Division Superintendents  
Officers-in-Charge of Regular Divisions  
All Others Concerned

**Subject :** **LIVE-OUT NATIONAL TRAINING AND WORKSHOP FOR MAPEH TEACHERS OF THE NATIONAL ASSOCIATION OF PHYSICAL EDUCATORS (REGION VII Central Visayas)**

**Date :** August 3, 2015

1. Attached is a communication from Dr. Lito T. Ancheta, President/Training Director, National Association of Physical Educators, informing the field of a Live-out National Training and Workshop for MAPEH Teachers of the National Association of Physical Educators (Region VII Central Visayas) on August 14-16, 2015 at Zapatera Elementary School Covered Court, Cebu City.
2. For details, refer to the attached Communication.
3. For information.

*Juliet A. Jeruta*  
**JULIET A. JERUTA, Ph. D.**  
Director III  
Officer-in-Charge

IAJ/VVY/rrc  
ESSD

Office of the Director (ORDir), Tel. Nos.: (032) 231-1433; 231-1309; 414-7399; 414-7325; Office of the Assistant Director, Tel. No.: (032) 255-4542  
Field Technical Assistance Division (FTAD), Tel. Nos.: (032) 414-7324 Curriculum Learning Management Division (CLMD), Tel. Nos.: (032) 414-7323  
Quality Assurance Division (QAD), Tel. Nos.: (032) 231-1071 Human Resource Development Division (HRDD), Tel. No.: (032) 255-5239  
Education Support Services Division (ESSD), Tel. No.: (032) 254-7062 Planning, Policy and Research Division (PPRD), Tel. Nos.: (032) 233-9030;  
414-7065 Administrative Division, Tel. Nos.: (032) 414-7326; 414-4367; 414-7366; 414-7322; 414-4367  
Finance Division, Tel. Nos.: (032) 256-2375; 253-8061; 414-7321

*“ EFA 2015: Karapatan ng Lahat, Pananagutan ng Lahat ”*



# NATIONAL ASSOCIATION OF PHYSICAL EDUCATORS

and

**A. T. Ancheta Enterprises**

54 National Road, Muntinlupa City  
Mobile Number: 09294607896/09154033363  
Email: drlitoancheta1234@yahoo.com



Department of Education  
Region VII, Central Visayas

RD2015-79509  
31-Jul-15

RD 2015 - 79 50



For : **Dir. JULIET A. JERUTA**  
Regional Director (OIC)  
Department of Education  
Region V11 (Central Visayas)

From : **DR. LITO T. ANCHETA**  
President/Training Director  
National Association of Physical Educators

Subject : As Stated  
Date : July 24, 2015

In line with the advocacy of the National Association of Physical Educators in cooperation with the Department of Education there will be a **Live-out National Training and Workshop for MAPEH Teachers of the National Association of Physical Educators (Region V11 Central Visayas)** which was originally scheduled last April 23-26, 2015 but postponed to August 14-16, 2015 (Friday – Sunday) Zapatera Elementary School Covered Court, Division of Cebu City, Cebu City.

Registration fee of One Thousand Five Hundred Pesos (Php 1,500.00) shall be charged in each participant to augment kit, souvenir, certificate (participation & appearance national level), professional fee, transportation allowance, accommodation of the resource speakers and other incidental expenses concerning the activity can be charged against school's MOOE or any other local funds subject to usual accounting and auditing rules and regulations.

Participants to this activity are MPEH Supervisors, Principals/School Heads, MAPEH teachers, Culture and Arts Coordinators, choreographers, coaches, sports and dance enthusiasts. This is open to all teachers elementary as well secondary public and private.

In view thereof, may I request from your generosity to please endorse this national training to all Division Offices within Region V11 (Central Visayas) considering this is a fruitful and minimal national training.

Attached please see the copy of letter to Usec. Rizalino D. Rivera, Undersecretary for Provincial Operations, Usec. Dina S. Ocampo, Undersecretary for Programs and Projects, DepEd Advisory No. 58, s. 2015, Schedule of Activities and list of the resource speakers.

Thanking you advance and may God bless you and your loved ones.

Cc/  
DepEd Central Office  
File

DepEd Advisory No. 58, s. 2015

February 17, 2015

In compliance with DepEd Order No. 8, s. 2013  
this advisory is issued for the information of DepEd officials,  
personnel/staff, as well as the concerned public.

(Visit [www.deped.gov.ph](http://www.deped.gov.ph).)

**NATIONAL TRAINING AND WORKSHOP FOR MAPEH TEACHERS  
OF THE NATIONAL ASSOCIATION OF PHYSICAL EDUCATORS (NAPE)**

The National Association of Physical Educators (NAPE) and the A.T. Ancheta Enterprises will conduct the *National Training and Workshop for MAPEH Teachers* by cluster on the following dates at corresponding venues:

North Luzon	Regions III & CAR	
South Luzon	Regions IV-B & V	April 6-9, 2015
Visayas	Regions VI, VII & VIII	April 23-26, 2015
Mindanao	Regions XI & XII	May 7-10, 2015

The Training-Workshop aims to:

1. enable the participants to participate in professional discussion on varied issues and training which concern Physical Education (PE) in the country;
2. allow them to converge with PE and other teachers of subject areas like Music, Health, Arts, Sports and Dance throughout the country and partnership and wide networks of physical educators in response to the K to 12 Program of DepEd;
3. enable them to share experiences, information and expertise to further achieve developments in the intellectual capital among physical educators involved in the promotion and development in the training; and
4. help them establish a solid and united organization of physical educators or a confederation of various activities.

The target participants are supervisors, principals, MAPEH teachers, culture and arts coordinators, coaches, choreographers, sports and dance enthusiasts from both public and private elementary and secondary schools nationwide.

Participation of both public and private schools shall be subject to the *no-disruption-of-classes policy* stipulated in DepEd Order No. 9, s. 2005 entitled *Instituting Measures to Increase Engaged Time-on-Task and Ensuring Compliance Therewith*.

More information may be inquired from:

Dr. Lito T. Ancheta  
President and Training Director  
National Association of Physical Educators (NAPE)  
54 National Road, Muntinlupa City  
Mobile Phone Nos.: 0929-460-7896; 0915-403-3363  
Email Address: [driitoancheta1234@yahoo.com](mailto:driitoancheta1234@yahoo.com)



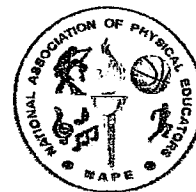
# NATIONAL ASSOCIATION OF PHYSICAL EDUCATORS

**A.T. Ancheta Enterprises**

54 National Road, Muntinlupa City

Mobile Number: 09294607896/09154033363

Email: drilitoancheta1234@yahoo.com



January 20, 2015

**DR. RIZALINO D. RIVERA**

Undersecretary for Provincial Operations  
Department of Education

**DR. DINA S. OCAMPO**

Undersecretary for Programs & Projects  
Department of Education

DEPARTMENT OF EDUCATION  
OFFICE OF THE UNDERSECRETARY  
FOR REGIONAL OPERATIONS

**RECEIVED**

By: *[Signature]* Time: 3:30

Date: JAN 24 2015

Doc #:

Dear Dr. Rivera & Dr. Ocampo,

In line with the advocacy of the National Association of Physical Educators (NAPE) in cooperation with A. T. Ancheta Enterprises please allow us to conduct a **National Training and Workshop for MAPEH Teachers** with the following dates and corresponding venues:

April 6 – 9, 2015	Luzon	Region IV-B/Region V
April 23 – 26, 2015	North Luzon	Region III/CAR
April 25-27, 2015	Visayas	Region VI/Region VIII
May 7 – 10, 2015	Mindanao	Region XI/Region XII

The Training - Workshop aims to:

- **participate** in professional discussion on varied issues and training , which concerns Physical Education in the country;
- **converge** with physical educators and other teachers of subject areas like Music, Health, Arts, Dance and Sports throughout the country and partnership and wide networks of physical educators in response to the K-12 program of DepEd;
- **share** experience, information, and expertise to further achieve developments in the intellectual capital among physical educators involved in the promotion and development in the training and;
- **establish** a solid and united organization of physical educators or a confederation of various activities.

Registration fee of One Thousand Five Hundred Pesos (Php 1,500.00) shall be charged in each participant to defray kit and certificate (participation and appearance) professional fee, transportation allowance, hotel accommodation of the resource speakers and other incidental expenses concerning the activity can be charged against school's MOOE and other local funds subject to proper accounting and auditing rules and regulations.

Participants to this activity are Supervisors/ Principals/School Heads, MAPEH teachers, Culture and Arts Coordinators, coaches, choreographers, sports and dance enthusiasts. This is open to all teachers from elementary and secondary public and private.

Further, may I ask your generous support to please endorse this national training and workshop to all Regional Directors, Schools Division Superintendents, Districts Supervisors, Principals/School Heads (Secondary/Elementary) and DepEd Officials in general for the participation of the interested individuals.

Thanking you in advance and looking forward to our fruitful partnership on this national activity.

Truly yours,

*[Signature]*

**DR. LITO T. ANCHETA**  
President/Training Director

## SCHEDULE OF ACTIVITIES

### Day – 1

#### Morning Session

6:30 – 9:00	:	General Registration
9:00 – 10:00	:	Opening Ceremony
10:00 – 12:00	:	Lecture on Stress Management
12:00 – 1:00	:	Lunch Break

#### Afternoon Session

1:00 – 3:00	:	Sports Science (Bio- Mechanics)-Body Management/Movement, Movement Skills, Locomotor & Non- Locomotor (Grades 1-6)
3:00 – 5:30	:	Action Songs/Mimetics/Imitates/Mechanical/Animal and Native Movements (Grade 1) (3:40-4:00 Break)

#### Evening Session

7:00 – 10:00	:	Folk dances (Film Viewing and Group work) Grade 11 Alitaptap, Grade 111 Tiklos, Grade 1V Subli
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### Day – 2

#### Morning Session

7:30 – 8:30	:	Dance Aerobics/Physical Fitness and Wellness
8:30 – 12:30	:	Music: Basic Conducting (Kodaly Approach to Music Education) Philippine/Asian Music
12:30 – 1:30	:	Lunch Break (9:40 – 10:00 Break)

#### Afternoon Session

1:30 – 5:00	:	Folk dances (Film Viewing and Group work) Grade V Carinosa, Grade V1 Maglalatik- boys/Itik-itik – girls (3:40 – 4:00 Break)
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#### Evening Session

6:00 – 10:00	:	Folk dances : (Film Viewing and group work) Grades 7-10 (Local Indigenous dances, Binislakan, Karatong (Festive dance), Social/Ballroom dances & Contemporary
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### Day – 3

#### Morning Session

7:30 – 12:00	:	Art Education: Drawing, Painting, Visual Arts in Drama & Festivals with video presentation.
12:00 – 1:00	:	Lunch Break (9:40-10:00 Break)

#### Afternoon Session

1:00 – 4:00	:	Health Education: Nutrition, Personal Health, Growth & Development
4:00 – 5:30	:	Closing Ceremony
5:30 – onwards	:	HOME SWEET HOME

Note: Participants may bring the following:

1. PE/dancing outfit
2. Small native hut for girls
3. 1 meter dried bamboo (whole) with tie around the waist and 2 pcs bamboo split (1 ft. long) for boys.

## THE LECTURERS/RESOURCE SPEAKERS

1. Prof. Salome S. Corpuz : Writer, Special Program for Sports  
Easy & Affordable Secondary Educ. Program  
Understanding by Design: An Approach  
K – 12 Grade 7, 8, 9 & Open High School Curriculum  
Expert in Humanities (Audio Visual Education)  
DepEd, National Capital Region
2. Dr. Drolly P. Claravall : Sport Psychologist/Sports Medicine Specialist, PATAFA  
Regional Director, Region 11 Cagayan Valley/ Professor  
Isabela State University, Ilagan, Isabela.
3. Ma. Nora B. Lara : DepEd Division of Las Pinas City  
National Capital Region
4. Dr. Ernesto T. Sanchez : Music Specialist & Lecturer Local/International Level  
National Capital Region
5. Dr. Lito T. Ancheta : Sport Psychologist/Science, Dance Specialist/Artistic  
Director & Choreographer  
National Capital Region, RQUAT-CHED
6. Leny De los Reyes : Education Program Supervisor – MAPEH  
Division of City of San Jose Del Monte.
7. Arnold James Grecia : Division of City of San Jose Del Monte